



Dear Parents,

STILL SPACES ON OUR SPRING TERM COURSE!

Kings Park Academy and St. James' CE Primary Academy are working together to provide families from both schools the opportunity to attend a parenting course. We understand that being a parent is one of the most difficult jobs in the world and we are here to help!!

Do you want to learn more about childhood behaviours and the stages of child development that young children go through?

Does it sometimes feel that your child does things just to annoy you?

Do you sometimes wish you had handled a situation differently?

Would it be helpful to have someone to share your joys, concerns and frustrations with?

Are you often tired or exhausted after a busy day with your child?

Most parents of young children are able to relate to the statements above. In our experience, parents work tirelessly to parent their child in the best possible way. We find that many parents are putting a lot of effort and time into the wrong things and then feel too tired to deal with the tougher behaviours. This course can help you to be clearer about when and how to intervene.

This approach is aimed at parents with primary aged children. It is a great opportunity to share your experiences and have some fun!

The course will run for 2 hours a week for 8 weeks.

Our Spring Term course is taking place at St. James' CE Primary Academy on Tuesday evenings starting on 22nd January 2019 7pm-9pm.

Please fill in the form below and return to either Mrs Heathman (Kings Park) or Mrs Allen (St James) if you are interested in attending.

.....

Parent Name..... Relationship to child.....

Child's Name..... Class.....

- I would like to attend the parenting programme at St. James' CE Primary Academy, Christchurch Road, Pokesdown starting on January 22nd 2019 (7pm – 9pm)