

Autumn Term – Love

ARK Language

You belong at the Academy and have been hand-picked to be here because I believe in you.

You are all kinds of amazing!

You are responsible for your actions and reactions, so focus on making the right choices yourself.

You are powerful and able to make good choices.

Boundaries are good and are there to keep us safe.

There are consequences when you overstep the boundaries because we need to keep everyone safe.

My opinion of you does not change when you make a mistake; it just affects the quality of our relationship.

We all make a mess sometimes – it is important to clean it up (saying sorry and forgiving)

Cleaning up our mess helps to keep our relationships healthy and connected.

Relationships with others are more important than proving you are right.

We have a choice about whether or not we escalate a situation – are you making the right choice?

Everyone has value.

What are you thankful for?

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