

	Autumn Term: Relationships ARK Link: Developing Healthy Relationships Forgiveness			Spring Term: Living in the wider world ARK Link: Building Hope and a Healthy Future Hope			Summer Term: Health and Wellbeing ARK Link: Developing a Healthy Identity Love		
	Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital intelligence	Money and work	Physical health and mental wellbeing	Growing and changing	Keeping safe Beach safety annual lessons for all children.
EYFS	Identify special people in their lives and explain why they are important to them.	Show sensitivity to their own and to others' needs; forming positive attachments to the adults around them.	Show an understanding of their own feelings and those of others around them; turn taking and treating others with kindness.	To recognise similarities between families, communities, and traditions.	To select and use technology for particular purposes.	People who help us (covered in Term 5)	Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.	Identify what makes them special	Explain the reasons for rules, know right from wrong
Year 1	Roles of different people: families: feeling cared for	Recognising privacy; staying safe; seeking permission (covered in term 3)	How behaviour affects others; being polite and respectful	What rules are; caring for others' needs; looking after the environment (covered in term 2)	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	Keeping healthy; food and exercise, hygiene routines, sun safety, water safety. (Covered in term 6)	Recognising what makes them unique and special, feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online
Year 2	Making friends: feeling lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour.	Recognising things in common and differences; playing and working cooperatively; sharing opinions. (Covered in Term 1)	Belonging to a group; roles and responsibilities; being the same and different in the community.	The internet in everyday life; online content and information	What money is; needs and wants; looking after money. Resource: Milo's Money	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Growing older; naming body parts; moving class or year Term 6	Safety in different environments; risk and safety at home; emergencies.
Year 3	What makes a family; features of a family life	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	The value of rules and laws; rights, freedom and responsibilities	How the internet is used; assessing information online	Different jobs and skills; job stereotypes; setting personal goals	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and reframing setbacks	Risks and hazards; safety in the local environment and unfamiliar places (water safety, rail safety)
Year 4	Positive friendships; including online	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Respecting differences and similarities; discussing difference sensitively	What makes a community; shared responsibilities	How data is shared and used (Covered in term 5)	Making decisions about money; using and keeping money safe Resource - Lifesavers (Covered in term 5)	Maintaining a balanced lifestyle; oral hygiene and dental care (Covered in term 4)	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Medicines and household products; drugs common to everyday life. (Covered in term 3)

Year 5	Managing friendships and peer influence. Compassion to others.	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising prejudice and discrimination (Covered in Term 3)	Protecting the environment; Covered in Term 6	How information online is targeted; different media types, their role and impact	Identifying job interests and aspirations; what influences career choices; workplace stereotypes (Covered in Term 2)	Healthy sleep habits; sun safety; medicines; vaccinations, immunisations and allergies	Personal identity; recognising individuality and different qualities; mental wellbeing	Keeping safe in different situations, including responding in emergencies, first aid and FGM
Year 6	Attraction to others; romantic relationships; civil partnerships and marriage.	Recognising and managing pressure; consent in different situations (Covered in Term 2)	Expressing opinions and respecting other points of view, including discussion of topical issues	Valuing diversity; challenging discrimination and stereotypes	Evaluating media sources; sharing things online	Influences and attitudes towards money; money and financial risks	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Human reproduction and birth; increasing independence; managing transition	Keeping personal information safe; regulations and choices; drug use and the law; drug use and media