



St James PE Curriculum Overview 2026-2027

	Autumn Term		Spring Term		Summer Term	
Early Years	Fundamentals Introduction to PE	Fundamentals Introduction to PE	Dance Introduction to PE	Dance Introduction to PE	Gymnastics Practice for Sports Day	Gymnastics Ball Skills
Year 1	Fundamentals Invasion Games	Parkour Invasion Games	Dance Sending and Receiving	Dance Sending and Receiving	Gymnastics Practice for Sports Day	Fitness Target Games
Year 2	Fundamentals Invasion Games	Parkour Invasion games	Dance Sending and Receiving	Dance Sending and Receiving	Gymnastics Practice for Sports Day	Fitness Target Games
Year 3	Fitness Bleep Test Football Basketball	Parkour Football Rugby	Dance Netball Hockey	Dance Rounders Hockey	Gymnastics Practice for Sports Day Athletics	Tennis Dodgeball Archery Golf
Year 4	Fitness Bleep Test Football Basketball	Parkour Victoria Class Swimming Football	Dance Netball Hockey Malawi Class Swimming	Dance Rounders Hockey	Gymnastics Practice for Sports Day Athletics	Tennis Dodgeball Archery Golf
Year 5	Fitness Bleep Test Football Basketball	Parkour Football Rugby	Dance Netball Hockey	Dance Rounders Hockey	Gymnastics Practice for Sports Day Athletics Volleyball	Tennis Dodgeball Archery Golf
Year 6	Fitness Bleep Test Football	Parkour Football Rugby	Dance Netball Hockey	Dance Rounders Hockey	Gymnastics Practice for Sports Day	Tennis Dodgeball Archery

	Basketball				Athletics Volleyball	Golf
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