

Spring Term Menu



WEEK ONE

Choose from either...

- Monday**
- M** Pork Meatballs & Tomato Sauce* **DE** *Served with* Rice **ODE** / Mixed Vegetables
 - V** Veggie Balls & Tomato Sauce **ODE** ✓ *Dessert* Fresh Fruit **ODE** / Yoghurt **GE**
 - JP** Cheese **GE**

Choose from either...

- Tuesday**
- M** Beef Burger **DE** *Served with* Potato Bites **ODE** / Peas
 - V** Vegetable Burger **DE** ✓ *Dessert* Shortbread **E**
 - JP** Baked Beans **ODE** ✓

Choose from either...

- Wednesday**
- M** Beef Bolognese **DE** *Served with* Pasta **DE** / Sweetcorn
 - V** Lentil Bolognese **DE** ✓ *Dessert* Vanilla & Strawberry Mousse **GE**
 - JP** Cheese **GE**

Choose from either...

- Thursday**
- M** Roast Chicken & Gravy **ODE** *Served with* Roast Potatoes **ODE** / Carrots
 - V** Roast Quorn & Gravy **OD** *Dessert* Fresh Fruit **ODE** / Yoghurt **GE**
 - JP** Tuna & Sweetcorn with Mayo **OD**

Choose from either...

- Friday**
- M** Fish Fingers **DE** *Served with* Saute Potatoes **ODE** / Garden Peas
 - V** Vegan Sausages **ODE** ✓ *Dessert* Blueberry Muffin
 - JP** Cream Cheese Bagel with Cucumber **E**

WEEK TWO

Choose from either...

- Monday**
- M** Hot Dog* **DE** *Served with* Sweetcorn / Baked Beans
 - V** Veggie Dogs **DE** ✓ *Dessert* Fresh Fruit **ODE** / Yoghurt **GE**
 - JP** Cheese **GE**

Choose from either...

- Tuesday**
- M** Meatfree Bolognese **DE** ✓ *Served with* Pasta **DE** / Mixed Vegetables
 - V** Cheesy Pasta **E** *Dessert* Cake Slice **OD**
 - JP** Baked Beans **ODE** ✓

Choose from either...

- Wednesday**
- M** Breaded Chicken Steak **DE** *Served with* Oven Baked Chips **ODE** / Peas
 - V** Vegetable Fingers **DE** ✓ *Dessert* Frozen Fruit Smoothie **ODE**
 - JP** Chicken Korma **DE**

Choose from either...

- Thursday**
- M** Mild Beef Chilli **ODE** *Served with* Rice **ODE** / Sweetcorn
 - V** Three Bean Chilli **ODE** ✓ *Dessert* Fresh Fruit **ODE** / Yoghurt **GE**
 - JP** Cheese **GE**

Choose from either...

- Friday**
- M** Chicken Sausages & Gravy **ODE** *Served with* Roast Potatoes **ODE** / Carrots
 - V** Veggie Nuggets **DE** ✓ *Dessert* Pancake
 - JP** Tuna Pasta Salad **D**

WEEK THREE

Choose from either...

- Monday**
- M** Chicken Korma **GE** *Served with* Rice **ODE** / Mixed Vegetables
 - V** Lentil Dahl **ODE** ✓ *Dessert* Fresh Fruit **ODE** / Yoghurt **GE**
 - JP** Spaghetti Hoops **DE** ✓

Choose from either...

- Tuesday**
- M** Sausage Roll* **DE** *Served with* Skin-on Potato Wedges **ODE** / Baked Beans
 - V** Vegan Sausage Roll **DE** ✓ *Dessert* Mini Jammie Dodgers **DE** ✓
 - JP** Cheese **GE**

Choose from either...

- Wednesday**
- M** Italian Chicken **DE** *Served with* Pasta **DE** / Garlic Bread **E** / Sweetcorn
 - V** Veggie Lasagne **E** *Dessert* Vanilla & Chocolate Mousse **GE**
 - JP** Baked Beans **ODE** ✓

Choose from either...

- Thursday**
- M** Roast Ham & Gravy* **ODE** *Served with* Roast Potatoes **ODE** / Carrots
 - V** Cheese Omelette **G** *Dessert* Fresh Fruit **ODE** / Yoghurt **GE**
 - JP** Houmous & Grated Carrot **ODE** ✓

Choose from either...

- Friday**
- M** Rice Crispy Coated Salmon **ODE** *Served with* Potato Bites **ODE** / Garden Peas
 - V** Vegan Quorn Dippers **DE** ✓ *Dessert* Brownie Bites **D**
 - JP** Wholemeal Cheese & Tomato Pizza **E**

Check the Schedule

- M** - Main
- V** - Vegetarian
- JP** - Jacket Potato

JANUARY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

MARCH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

- D** - Dairy Free
 - G** - Gluten Free
 - E** - Egg Free
 - ✓ - Vegan
 - * - Contains Pork
- All meals are served with vegetables

